HAWAII MARINE B SECTION DECEMBER 7, 2007



Students at 24/7 Danceforce Studio learn new steps to add to their own style of dancing and routines. Students shake their stuff to top hip-hop songs while working up a sweat.



Dancers get groove on at 24/7 dance studio

Story and Photos by Lance Cpl. Alesha R. Guard

Combat Correspondent

Sliding together across the floor, heads flung back and arms reaching to the sky, dancers fill the room, reflecting on the walls' mir-

Located in Windward Mall, the 24/7 Danceforce Studio advanced hip-hop class students look as though they've been dancing together for a while. However, it's their first session.

The studio is one of the most respected dance education centers in Hawaii, offering a wide array of dance instruction to all ages and ability levels, said Marcelo Pacleb in the Studio's pamphlet, founder and artistic director of 24/7. The founder's goal is to help people strive for their highest potential and live out their dreams.

"For me, dance is my outlet," said Alyssa Lee, student at 24/7 Danceforce Studio. "I really enjoy the ballet, jazz and hip hop

She said she's been coming to 24/7 since July and feels she's improving her dance skills each day.

"I feel like I'm always learning because

I'm constantly challenging myself," Lee said. Students continually grow at 24/7 because

of the wide array of classes including Creative Movement, hip-hop, Ballet/Jazz, Tap/Stomp and Breaking. The instructors try to make each class a creative environment that will release the passion and gifts of each dancer.

"Dancing keeps me moving," said Natalie Vilos, 24/7 Danceforce Studio dance instructor and choreographer. "It helps me be creative because it's always changing and growing, which keeps me interested."

The instructors show both young and old, new and experienced dancers how to grow by releasing their ideas and expressing themselves through movement of dance.

"Hawaii has such a love for dance," Vilos said. "I'm 25, and I've been dancing since I was 3 years old. The students are so passionate themselves, that teaching them helps keep me passionate."

Students must try out for the recitals, which showcase the classes. They must also try out for the second performance, which is more of a play.

"Three times a year our studio puts on a recital as well as a performance," Vilos said. "It's a chance for students to audition using what they've learned and then get to perform and be creative."

Last year, 24/7 created a performance through a creative team of instructors and choreographers to create a story, called 'Ink.'

"The 'Ink' performance was more on the artsy side," Vilos said. "It incorporated really new and fresh material including the dances, costuming, props, lighting and videography."

The studio recently created a new program, "Heartbeat," to provide an outlet for intellectually challenged individuals to enjoy the art of dance, Pacleb said. A volunteer dancer assists each student as they learn basic rhythm, movement and dance routines.

"Our Heartbeat program has performances as well," Vilos said. "The kids did great in the show and seemed to really enjoy it."

The studio's goal for students goes beyond their dance appreciation and growth.

"Our approach to dance education devel-



Dancers get their feet in step during a hip-hop class at 24/7

ops attributes that can serve all students well throughout their lifetime," Pacleb said. "This includes discipline, self-respect and self-confidence, improved learning skills, creativity, self-expression, imagination, and an instilled appreciation for music, dance and other art forms."

Classes are Monday through Friday, 4 to 8:30 p.m., and Saturdays 10 a.m. to 3 p.m. Prices range from \$12 to \$17 per class with a registration fee of \$15. Get your groove on and call 24/7 Danceforce Studio at 235-5141 for more information.



Dancers learn to express themsleves creatively during classes at 24/7 Danceforce Studio, located in Windward Mall in Kaneohe.

B-2 • DECEMBER 7, 2007 HAWAII MARINE



Lance Cpl. Regina A. Ruisi

Combat Correspondent

Since 1965, the Marine Corps has effectively preserved its history through the Marine Corps Oral History Branch. The corps-wide program is conducted here by Capt. Diana Mearns, the historical program officer, who documents the accounts of Hawaii's service members. The warriors' stories are collected orally and join the ranks of thousands of Marines and Sailors who've come before them, dating back to the Vietnam War.

"Desert Diaries" tells the personal stories of pride and loyalty, humor and sadness, and the glory and horror of America's wars. The stories are provided by the base historian, and are published to help share our warriors' stories with the public.

orporal Angela M. McKinstry may not have seen combat during her deployment to al Asad, Iraq, but she provided administrative support that was key to the success of Marine Aircraft Group 24's mission.

McKinstry joined the Marine Corps in July 2004, out of Great Lakes, Mich., for a challenge and a chance to experience different places around the world.

"I wanted the experience, to get paid, have a steady job and travel, which I was able to do," McKinstry said. "It was a good challenge, also. It helped develop good social skills and helped prepare for everything. It was definitely a challenge through boot camp."

McKinstry was sent to Marine Corps Base Hawaii and became a maintenance administration clerk with Marine Heavy Helicopter Squadron 363, MAG-24. She deployed to al Asad in September 2006.

In charge of government log books for the squadron's aircraft, McKinstry and the other maintenance admin clerks stayed busy during the deployment.

"The squadron flew a lot out there," McKinstry said. "We had to log in every hour they flew and make sure we kept a logbook of it all. We had to make sure the logbooks were all squared away and make sure all the inspections were up to date. We were there to make sure everything went off without any problems."

During downtime, McKinstry volunteered with other squadron sections to learn their military occupational specialties.

"If we had nothing to do, I would go to another work center and try to learn what they do," she said. "I'd work with the aircrews or work on mechanics. Anything I didn't need a specific license to do, I tried to learn."

McKinstry was promoted to corporal and celebrated the Marine Corps birthday in Nov. aboard al Asad Air Base. The celebration remains one of the most memorable days of her deploy-

I heard a loud boom, and everybody went outside to look at it. You're not supposed to do that, but it was instinct.

"When the first shift got off, we received two beers," McKinstry said. "We had to sign for two beers and then turn in the two beers. They wanted us to sign them back in because they wanted to make sure nobody got extra beer or tried to save them for later or anything like that."

The celebration gave the Marines well deserved time off, and gave officers, staff noncommissioned officers, NCOs and junior Marines the chance to forge bonds.

"We were able to hang out together being more relaxed, we got the chance to know our Marines, know our higher ups," McKinstry said. "You don't have the chance to do that very often, but it was a nice chance to hang out and

relax a little bit, at least before the next shift."

McKinstry also said she remembers how good the chow halls were. Contract cooks from neighboring countries staffed one chow hall, and the squadron worked on one that was near the flight line.

"We called the big one Walmart because it was so huge," she said. "The cooks were awesome. The chow hall was awesome for a combat zone. Marines manned the smaller chow hall on the flight line. We had to pick up the chow from the chow hall, we had to stock it, we had to clean it, we had to do everything in order to have that."

The Marine-operated chow hall had take-out food, and McKinstry spent a lot of time working there to help out her fellow Marines.

"We had all of these Marines doing those jobs and taking care of the flight line, giving them barely five minutes to eat because they were so busy," she said. "Marines like me, if I had time, would go out there all the time to help the flyers out by making them take-out food."

The chow hall allowed Marines to cooperate with and meet members of other military branches, as well as Iraqi Army soldiers. That interaction was one of the only opportunities McKinstry had to interact with Iragis.

McKinstry and Marines from MAG-24 returned from Iraq in March 2007. She said she is considering re-enlisting next year.

A Day in the Life

Story and Photo by Pfc. Achilles Tsantarliotis

Combat Correspondent

Editor's note: A Day in the Life highlights military occupational specialties and Department of Defense jobs throughout the Marine Corps. This series gives appreciation to the thousands of service members, DoD employees and civilians who make Marine Corps Base Hawaii and installation of excellence.

or Marines who enlisted during the days of the archaic LINE fighting system, their impression of the Marine Corps' more spiritual and adaptive warrior training could easily range from "not impressed" to

However, the new Marine Corps Martial Arts Program focuses intensely on the warrior ethos. The adaptive and fierce power of MCMAP goes further than the formulaic LINE moves and also surpasses the very physical aspects it emphasized. It instills a warrior mindset, not just a and equal combination of these three elements comes

robotic "bop-um-sock-em" mentality. Sergeant Nicholas Carson, a martial arts instructor with Company E, 2nd Battalion, 3rd Marine Regiment,

NICHOLAS CARSON

originally shared the "cheesy" first impression of many others during MCMAP in boot camp, but he slowly acquired a passion for the martial art - which drove him to earn the black belt he proudly wears.

"I think MCMAP is one of the most powerful tools in building warriors," said Carson, who had a martial arts background before joining the Corps. "It's also one of the most neglected."

Carson saw more of MCMAP once he arrived to the fleet as a rifleman with Echo Company, and decided it was something worth pursuing.

"As soon as I hit [noncommissioned officer] I wanted to go to the instructor training course," Carson said. "Because of other obligations and deployment I didn't have the opportunity to go, but one of my senior [NCOs] was able to go and he was all about it, and I knew I was going to enjoy it."

Marine Corps Martial Arts doesn't rely on one aspect, like physical conditioning, more than the other two, mental and character development. Through a strong warrior synergy, Carson said.

"It's about balance," Carson explained. "If you're strong in only one, like mental, you're an intellectual and you might be able to talk the guy's ear off but when it comes down to it you wont be able to defend yourself. Through a strong balance you can achieve the warrior mentality, where through good character and following the Corps values, you'll know when you have to engage a threat and when to rise above a confrontation."

While some might scoff at the simplicity of the basics recruits learn at boot camp, that's exactly where MCMAP starts distinguishing itself from LINE training. Marine Corps Martial arts promotes principles applicable to any situation instead of precise countermeasures and formulaic movements, Carson said.

While each belt pushes Marines beyond their believed limits, nothing pushes them like the instructor

"People think it's a haze fest or you learn a few moves or kicks," Carson said. "It's not. It's about pushing yourself and maintaining the warrior or combat mentality. Keeping yourself calm under pressure and making smart decisions means MCMAP applies [to situations] throughout the Marine Corps."

The instructor course graduates can boast about the strenuous physical training, but can also take pride in the intense instructions on teaching, free sparring and weapons handling.

"Marine Corps Martial Arts prepares you for real world scenarios," said Sgt. David Cunningham, tool room noncommissioned officer-in-charge, Combat Service Support Group 3. "If you're uncomfortable or scared, you have to face those fears. If a Marine is hearing bullets fly over his head for the first time, he's not going to want to move and get some. I don't like ground fighting but we keep doing it and training and I keep getting more and more comfortable."

Spouses eligible for up to \$6,000 for college through new program

Ken Griffin

Managing Editor

Eligible military spouses looking to further their education could qualify for some of the \$35.2 million committed by the Departments of Defense and Labor, and the Joint Education Center is hosting a forum at the Base Theater Dec. 10 at 10 a.m. to explain how.

Career Advancement Accounts are flexible education funding vouchers for eligible spouses. The accounts can pay for direct education expenses like post-secondary education and training, including tuition, fees, books, necessary equipment, and credentialing and licensing fees.

The accounts are worth \$3,000 per year for two years, meaning each spouse can get up to \$6,000.

Spouses at Marine Corps Base Hawaii, Naval Station Pearl Harbor, Hickam Air Force Base and Schofield Barracks are eligible for CAAs, along with spouses in seven other states.

More than half of today's 1.3 million active duty service members are married; of these spouses, nearly 77 percent say they want or need to work and that pursuing education and developing their careers are personal goals.

These spouses represent a significant, young, diverse and motivated component of America's labor force yet they suffer an unemployment rate three times that of comparable

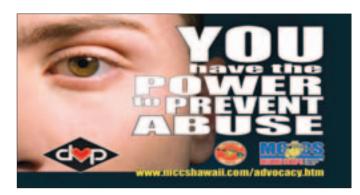
Military moves occur on average every 18 to 36 months, which creates significant challenges in maintaining enrollment in training and educational programs and ensuring long-term job tenure. These frequent moves also increase the costs to obtain

necessary credentials and licenses from different states. Military spouses report that the cost of education and training prevents them from attending school.

These challenges impact retention of military service members, as they are more likely to re-enlist when both spouses experience job satisfaction and general fulfillment with life in the military.

The CAA program is a direct response to these challenges. Following the forum aboard MCBH, the JEC will open its doors to the base community for an open house and educa-

For more information on CAA, contact the Marine Corps Community Services' JEC, located in Building 220, at 257-2158.



MOVIE TIME:

Prices: Friday and Saturday 7:15 p.m., shows are \$3 for adults and \$1.50 for children. Sunday matinee is shown at 2 p.m. Shows are \$2 for adults and \$1 for children. Evening showings on Sunday and Wednesday are at 6:30 p.m. and late shows are shown Friday and Saturday at 9:45 p.m. Cost is \$2 for adults and \$1.50 for children.

For ticket pricing, the Base Theater Box Office defines an adult as a patron 12 and older and defines a child as a patron from 6 to 11. Children 5 and younger are admitted free of charge. Parents must purchase tickets for R-rated movies in person at the box office for children 16 and younger. Patrons must present their military identification card when purchasing tickets. Call 254-7642 for recorded information.

Sneak Preview Policy: One hour and 45 minutes prior to the movie, tickets will be issued to first priority patrons wait-

ing in line, then second and third priority patrons.

recorded information, call the Base Theater at 254-7642.

In an effort to prevent piracy, the following security measures will be enforced on base for sneak preview screenings: bag checks, confiscation of cameras or cell phones with picture taking capability (items will be returned after screening), magnetometer wanding, audience scanning with night vision goggles during screening. The Base Theater and film companies thank you in advance for your cooperation and hope you will enjoy the show. For

The Seeker: The Dark is Rising (PG) Elizabeth: The Golden Age (PG-13) Feel the Noise (PG-13) We Own the Night (R) The Seeker: The Dark is Rising (PG) The Heartbreak Kid (R) Feel the Noise (PG-13) The Comebacks (PG-13) We Own the Night (R)

Today at 7:15 p.m. Today at 9:45 p.m. Saturday at 7:15 p.m. Saturday at 9:45 p.m. Sunday at 2 p.m. Sunday at 7:30 p.m. Wednesday at 6:30 p.m. Friday at 7:15 p.m. Friday at 9:45 p.m.

Movie review: 'Enchanted'



Lance Cpl. Regina A. Ruisi

Combat Correspondent

Editor's note: Hawaii Marine's combat correspondents provide readers with in-depth reviews and unbiased ratings of films currently in theaters or past releases and classics.

The rating system requires some explanation before you get started.

If the film is currently available for rent or purchase it will be assigned a certain number of "microwaves" on a scale of one to five to rate its "reheat factor."

If the film is in theaters, it will be assigned a certain number of service stripes on a scale from one to five.

In other words, the more microwaves or service stripes the film receives, the better and more entertaining it is to watch.



Rating: 5 out of 5 service stripes

"Once upon a time" comes to the most unsuspecting place – New York City.

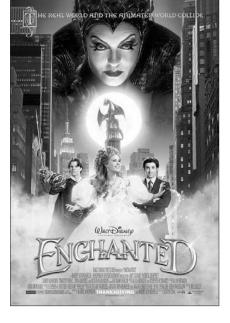
Walt Disney's "Enchanted" brings fantasy to the real world with loads of laughs, love, and princess-style song and dance routines.

The fantasy begins in the cartoon world of Andalasia, drawn in vintage Disney style and narrated by the oh-so-sweet voice of Julie Andrews, the queen of fairy tales. When the evil Queen Narissa's (Susan Sarandon) crown is threatened by her stepson

Prince Edward (James Marsden) falling in love and getting married, the queen vows to rid herself of his bride, the beautiful Giselle (Amy Adams). On Prince Edward and Giselle's wedding day, Queen Narissa pushed Giselle into a well, casting her into a world no one should be thrown unknowingly into. That's when Giselle wakes up on the mean streets of New York City, wide-eyed and naïve about the "real world."

A stonyhearted divorce lawyer named Robert (Patrick Dempsey) and his fantasy-deprived daughter take in Giselle. There she waits for her one true love to save her from the horrible city, where love and happiness are as foreign to it as anger and sadness are to her.

Through the clueless Prince Edward's search for his fiancée and the fairy-tale princess activity of Giselle, Robert learns the true meaning of love, and teaches Giselle that, in the real world, people don't fall in love in one day. Robert plants true love's first



kiss on the woman, and in a twist of Disney fate, Giselle ends up being the one who saves the day.

The tale may appear to be one for the kiddies, but ends up being an adult-oriented fairy tale. Though entertaining for younger audiences with songs, dances and a typical "prince and princess" love story, it also intrigues adults by putting spin after spin on the Disney stories we grew up with. Adults and children alike can find things in the movie meant to

spoof Disney classics, like Cinderella's glass slipper, Snow White's poison apple, Sleeping Beauty's evil queen and, the ohso-handsome Prince Charming.

Adams gives an unforgettable performance as the wide-eyed Giselle. Her innocent and naïve disposition, beautiful face, red hair and charming singing voice make her the perfect candidate for Disney princess come to life. Robert remarks of her "It's like you escaped from a Hallmark card," when she speaks of true love. It isn't until she has her first feelings of anger that she starts to take on a realer, more dimensional character and becomes more than a make-believe princess.

Without a hint of pop culture, vulgarity or anything close to R rated, "Enchanted" proves to be a film for the whole family. The movie has it all: laughs, suspense, magic and love. It's instantly charming, and leaves viewers, young and old, with smiles on their faces and a song in their heart. Take your children for a day at the theaters, or your spouse as a way to remind yourselves of the joy of uncomplicated love.

Gaining the advantage: A new column



Ray Rippel
Special to Hawaii Marine

Editor's note: Ray Rippel has been a civilian employee aboard MCB Hawaii since 1990, and is currently the director of bachelor housing. He recently retired as a colonel from the Army Reserve. During his career he served as an infantryman, aviator and civil affairs specialist in several areas of operation, including extended

tours in Kosovo and Iraq.

Lieutenant Colonel Mitchell was dumbfounded. True, the regiment he commanded was in the private army of the British East India Company and was not manned with British subjects, but he was not accustomed to barefaced insubordination. It was a beautiful spring day on the Indian subcontinent, in 1857, and he had ordered a parade – a PARADE of all things! Hardly the sort of command that would provoke mutiny.

What made the matter all the more confusing was the reason for the discontent: the troops refused to fire the ceremonial volley that came near the end of the ceremony. Their objections seemed to center on the new Pattern 1853 Enfield muskets just introduced into the regiment. One would have thought they would have been delighted with this new weapon, which, by nature of its rifling, was more accurate and had more range than its predecessor. Yet here was the clueless colonel, squared off across the parade field against his own men,

with the artillery and cavalry on his side, and the mutinous infantry companies on the other.

Colonel Mitchell managed to defuse this situation with relatively little loss of life, but the incident was the opening shots in an insurrection during which hundreds of thousands of British and Indians (mostly Indians) died. It also proved a hard lesson on the importance of knowing all you can about the environment in which you're operating, and the high cost of ignorance.

Advantage

If you can recognize and exploit advantage on the battlefield, success is assured in all but the grimmest of circumstances.

While exploiting the advantage is a matter of applying the appropriate tactics, techniques and procedures, recognizing the advantage in the first place takes substantially more.

Will you be able to recognize advantage when you see it? You will if you have a profound and comprehensive understanding of the situation at hand. In the 21st century "smart" will defeat "strong" every day; smart and strong are invincible.

Speaking of strong, when was the last time you went a month without doing physical training? Seems like a stupid question, doesn't it? Yet, if you've gone a month without professional study, your mind will wither just as surely as your muscles. Mark Twain famously wrote that, "The man who does not read good books has no advantage over the man who cannot read them."

If you're not honing your skills with a comprehensive program of self-study, you are surrendering an important advantage. It's time to hit the books.

Starting next month, I'm lending the Hawaii Marine a

hand with a monthly book review column. I'm going to suggest books to read and books to avoid; I'm going to get out in front, reconnoiter targets and judge if they have value.

I'll also attempt to expose the prejudices of the authors, so I should probably confess mine, right up front.

First, for me, it's all about the words. I have little patience for authors with expertise in a subject, but who attempt to convey that knowledge incoherently. Publishing, like the battlefield, is no place for amateurs. Second, I'm convinced there is often great truth in fiction; don't be surprised if I recommend a novel. In fact, I'm about to do so. Finally, I have a profound distrust of complexity. Complex plans are hard to implement, are difficult to adapt to changing circumstances, and too often conceal, under layers of intricacy, fundamental flaws. Needlessly complex explanations or convoluted narratives are just as suspect.

So let's get started. Here are three volumes for three audiences that are worth your time. For enlisted personnel, just beginning their course of study, I recommend "The Greatest War Stories Never Told: 100 Tales from Military History to Astonish, Bewilder, and Stupefy," by Rick Beyer. This is not Clausewitz, but it's a great way to ease into the study of military history and

Junior officers must have a copy of the novel "Once an Eagle," by Anton Myrer (in hardcover, because you'll read this more than once). Its protagonist, Sam Damon, is the finest mentor any young lieutenant or captain could want. The battle scenes are remarkable – astonishing even – but you should spend just as much time considering how Sam practices his craft in garrison and how he spends his personal time. This book can

change your life if you let it.

For the more senior folks, if you aren't involved in a study of the Middle East and Islam, you need to begin. Start with "The Crisis of Islam: Holy War and Unholy Terror," by Bernard Lewis. No one is more articulate and clearheaded on Islam and how it interacts with the rest of the world than Professor Lewis. He's nothing less than a national treasure.

Which brings us back to Lieutenant Colonel Mitchell, the mutiny against him, those new rifles and the high cost of ignorance. Among the advances incorporated into the new Enfields was the cardboard cartridge, filled with a pre-measured amount of gunpowder, and greased to prevent contamination by water. An infantryman charged the muzzle-loader by biting off the end of the cartridge, pouring the powder into the muzzle, and following it up with the leftover greased cardboard and a ball. All of this was rammed home with a rod.

The problem lay with the greased cartridges.

A rumor had spread through the ranks that the grease was made from lard and tallow.

The lard, from butchered pigs, deeply offended the Muslims in the regiment, while the beef tallow offended the Hindus. It was bad enough that the British ordered them to carry this stuff on their person, but to touch to their lips (to bite the end off) was intolerable.

A later investigation proved that the grease was of only bovine provenance, but that was far too little, too late.

Through their own ignorance the British had managed to alienate – to the point of mutiny – two completely different religious groups. What they didn't know ended up hurting them, catastrophically. Don't make the same mistake.

TALK STORY WITH K-BAY

What is your favorite holiday movie?



'National Lampoon's Christmas Vacation.'

– Haley Gray



'Santa Claus.' It's a holly-jolly kind of movie.

Pfc. Mary Hajimomen,
 Base Post Office,
 Headquarters Battalion



'The Christmas Story' is very funny.

– Pannee Mimunthon



'Scrooge' movies. He's mean and nasty and gets scared into the holiday

spirit.

– Gunnery Sgt. Paul Morgan, Combat Service Support Group 3



WORD TO PASS-

Christmas Donations for Deployed Troops

Mokapu Elementary School second and fourth graders need donations of wrapping paper, ribbons and tape to support their "Care Packages for Deployed Units" program this year. Students and teachers plan to send Christmas items to service members deployed from Marine Corps Base Hawaii. Donation boxes are located outside Buildings B and D classrooms.

For more information or to volunteer your help, contact Julie Soares at 254-3395 or e-mail coach63246@aol.com.

Online Travel Guide Free for Military

Service members from or stationed in Hawaii or who've served in Iraq or Afghanistan can join ClubHawaii for free. ClubHawaii is an online source for planning island trips, and their Web site offers information on activities, attractions and accommodations on each Hawaiian island.

The free service is offered now through

For more information, call (808) 261-0964 or visit http://www.clubhawaii.net.

New 'Healing Field' at Pearl Harbor

Today marks the 66th anniversary of the attack on Pearl Harbor. 2,408 flags will fly on a "Healing Field" memorial at Richardson Field overlooking the Arizona Memorial at Pearl Harbor now through Dec. 10,. In addition, a display of Hawaiian flags will represent casualties from current conflicts who were Hawaii citizens or deployed from military installations here.

Win Cash Prize for Writing

The Marine Corps Association sponsors date, there are very few submissions.

The contest deadline is Dec. 31. For rules and

the Chase Boldness and Daring Writing Contest annually, and gives \$3,000 to first place and \$1,500 for second place. To

more information, visit http://www.mca marines.org/gazette/chase rules.asp.

MARINE MAKEPONO

HAWAIIAN FOR "MARINE BARGAINS"

AUTOS

2003 Chevrolet Cavalier, automatic, good condition, 55K miles, leaving island, must sell, \$3,500. Call 391-3005.

1999 Jeep Cherokee Laredo, black, 2 WD, automatic, 56K miles, asking \$8,000 or best offer. Call 284-8428.

FOR RENT

Furnished house, 3 bed/2 bath, six month lease then month to month, two blocks from beach, available Dec. 1 for \$3,800 per month. Call (626) 404-7646.

PETS

Chihuahua/Terrior mix. 10-month- Corps Base, Kaneohe Bay.

old, female, small, friendly, cute, playful. Call 391-5858.

Ads are accepted from active duty and retired military personnel, their family members and MCB Hawaii civil service employees.

Ads are free and will appear in two issues of Hawaii Marine, on a space-available

Those interested in advertising must bring a valid DoD-issued ID to the Hawaii Marine

Makepono may be used only for noncommercial classified ads containing items of personal property.

Forms may be filled out Monday through Friday between 7:30 a.m. and 4:30 p.m. at the MCB Hawaii Public Affairs Office located in Building 216, room 19, aboard Marine

BEFORE YOU TAKE IT OFF, ions represents more than 231 years of history and tradition. It's the identity wore by the coursesant and houseable since the Re-War. Earned through discipline, hard work and dedication. Respected by all. Resp your uniform on and continue median history. See your Prior Service Beautier about the many benefits and appertunities with the Marine Corps Reserve or cell 1.580.MARINES or vielt MARINES.COM. ONCE A MARINE, ALWAYS A MARINE, MARINE RESERVE

ON THE MENU.

AT ANDERSON HALL

Friday

Lunch

Roast turkey

Lemon baked fish fillets

Baked macaroni and cheese

Garlic roast potato wedges

Mixed vegetables Lyonnaise carrots

Chicken gravy

Peach pie

Chocolate chip cookies

Spice cake Lemon butter cream frosting

Vanilla/chocolate cream pudding Lemon/orange gelatin

Dinner

Chili conquistador Chicken cacciatore

Burritos

Refried beans Spanish rice

Simmered corn

Green beans Taco sauce

Desserts: same as lunch

Saturday Dinner

Pork roast

Chicken cordon bleu

Mashed potatoes Boiled egg noodles

Broccoli Polonaise

Simmered succotash

Chicken gravy Boston cream pie

Shortbread cookies

Yellow cake w/butter cream frosting

Vanilla/chocolate cream pudding Lemon/raspberry gelatin

Sunday

Oven roast

Honey glazed Cornish hens

Rice pilaf

Savory bread dressing Asparagus w/hollandaise sauce

Simmered squash Creole

Brown gravy

Oatmeal cookies

Pumpkin pie

Vanilla/chocolate cream pudding Strawberry/lime gelatin

Monday

Devil's food cake

Lunch Miso soup

Portuguese bean soup Chinese five spice chicken Grilled mahi mahi w/ Wild rice

Garlic cheese potatoes

Broccoli polonaise

Orange glazed carrots Mushroom gravy

Carrot cake w/cream cheese frost-

ing Cheese cake

Creamy banana coconut pie Oatmeal chocolate chip cookies

Vanilla/Chocolate cream pudding

Lime/Strawberry gelatin

Dinner Veal parmesan Braised pork chops

O'brien potatoes Spaghetti Marinara sauce

Mixed vegetables Peas with onions

Mushroom gravy Desserts: same as lunch

Tuesday

Lunch Barbeque chicken

Battered fish portions

Steak fries Simmered corn

Simmered asparagus Chicken gravy

Sweet potato pie

Double chocolate chip cookies Yellow cake w/chocolate

chip frosting

Vanilla/chocolate cream pudding Cherry/orange gelatin

Dinner

Turkey ala king

Salisbury steak

Parsley buttered potatoes Glazed carrots

Brown gravy Desserts: Same as lunch

Club spinach

Wednesday

Lunch Chili macaroni

Roast turkey Grilled cheese sandwich

Mashed potatoes Simmered pinto beans

Simmered mixed vegetables Turkey gravy

Cheesecake w/cherry topping

Peanut butter cookies Peanut butter cake w/peanut butter

frosting

Vanilla/chocolate cream pudding

Lemon/raspberry gelatin

Dinner Meat loaf Pork ham roast Mashed potatoes Tossed green rice

Cauliflower combo Broccoli w/cheese sauce Brown gravy w/mushrooms

Desserts: Same as lunch

Thursday

Lunch Swiss steak w/brown gravy

Chicken Vega Oven browned potatoes

Corn on the cob

Simmered peas and carrots Brown gravy

Blueberry pie

White cake w/lemon cream frost-

Vanilla/chocolate cream pudding Lime/cherry gelatin

Dinner Beef Yakisoba

Sweet & sour pork Shrimp fried rice

Simmered broccoli Fried Cabbage w/bacon

Chicken gravy Desserts: Same as lunch

Marine Corps Base Hawaii Command Religious Program Advent and Christmas Schedule

Children's Christmas Pageant Dec 16: MCBH Chapel – 2 p.m. There will be refreshments and a "Birthday Party for Jesus" following the play. For more information, please contact Sister Marlene Miller 257-1499.

Protestant

Christmas Eve Candlelight Service
Dec 24: MCBH Chapel - Protestant Candlelight Service 7 p.m. Roman Catholic

> Feast of the Immaculate Conception Mass Dec 7: MCBH Chapel – 6 p.m. Dec 8: MCBH Chapel – 9:30 a.m.

> > Advent Penance Service: Dec 11: MCBH Chapel – 7 p.m.

Feast of Our Lady of Guadalupe Dec 12: MCBH Chapel – 7 p.m.

<u>Christmas Eve Mass:</u> Dec 24: MCBH Chapel – Vigil of Christmas – 5 p.m.

Christmas Day Mass: Dec 25: MCBH Chapel - The Nativity of the Lord Mass at Midnight - 0000 Dec 25: MCBH Chapel - Christmas Day Mass - 9:30 a.m.

New Years Eve Mass: Dec 31: MCBH Chapel - Vigil Mass of Mary, Mother of God - 5 p.m.

*These services are in addition to our regular Sunday schedule. For more information, please call 257-3552.



Robbie Watland, drums, Ted Among, red guitar, Erich Wida, vocals, and Joe "The animal" Galiza, guitar, rock out at Kahuna's Sports Bar and



Ted Among, Slug's guitar player, rocks a solo.

Local band Slug rocks Kahuna's audience

Story and Photos by Lance Cpl. Alesha R.

Guard Combat Correspondent

Local band Slug rocked Kahuna's Sports Bar and Grille, Nov. 23, for those who didn't get a chance to get off base for the holiday weekend. By 8:30 p.m., the crowd was

yelling for more cowbell and Led Zepplin from the fourman band including two guitarists, a base player and drummer.

"We play this night every year for those Marines who couldn't get away to their families," said Erich Wida, lead vocals and guitar player. "I feel like it's a public service

to play for them."

Every weekend, different bands play at Kahuna's, each with their own sound, style and crowd.

"Friday night is our live band night," said Kai Kepano, Kahuna's operations assistant. "Each band that comes out has their own groupies who always come see them.

Everybody here seems like they're having a great time tonight."

Slug's fans piled into one long table, grabbing a front row seat to the show.

"Whenever Slug comes to Kahuna's, we're here," said Cpl. Brandon Fitzgerald, Company I, 3rd Battalion, 3rd Marine Regiment. "It's by far one of the best bands that plays here."

The band has been together for almost nine years, playing few original songs.

"Our original songs have a lot to do with current events and the military," said Joe "The Animal" Galiza, Slug's base player. "I really enjoy playing for the Marines."

The Marines said they noticed the lyrics in the band's songs and loved how Slug could jam about the red, white and blue.

"A few of their original

anything from southern rock songs are very patriotic," to heavy metal, and even a Fitzgerald said. "They really know how to rock."

> Band members said they feed off the Marines' enthusiasm, which keeps them pumped all night.

> "Most of our music is high energy, and they are totally into it, making our night much more fun," Galiza said.

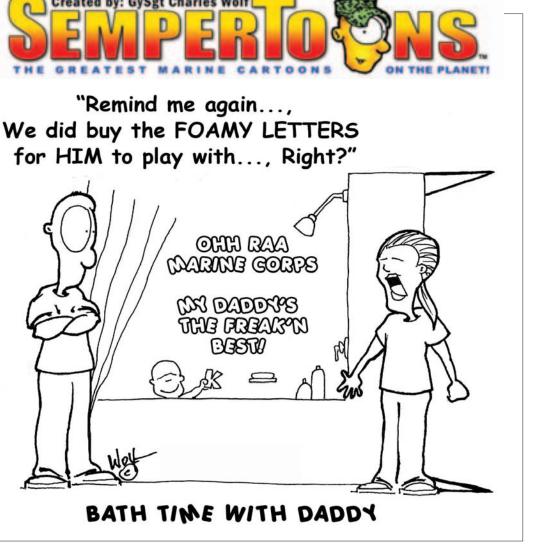
> As the band played, some Marines bobbed their heads as they played pool while others rocked hardcore air guitars in their seats.

> "I love the genre of music they play and the enthusiasm they give through their music," said Cpl. Ian Ladmirault, India Co., 3/3.

In between songs, the band asked the crowd what they wanted to hear next.

"The atmosphere they provide for us is great," Cpl. Todd Cowan, India Co., 3/3. "They ask us for song requests and then jam to what we want to hear. We love it."

Catch Slug rockin' out at the Pipeline Café in Honolulu, Dec. 29.





Joe "The Animal" Galiza rocks his bass guitar while Erich Wida sings for Marines at Kahuna's Sport's Bar and Grille Nov. 19.

B-6 • DECEMBER 7, 2007

AROUND THE CORPS

School supplies bring right message to children

Story and Photos by Cpl. Billy Hall

2nd Marine Division

AL QA'IM, Iraq — The schoolmaster blows his whistle. Feet scamper out of classrooms to assemble in the school courtyard.

Smiles forced their way through the beaming faces of Iraqi children as the Marines of Company I, Task Force 3rd Battalion, 2nd Marine Regiment, Regimental Combat Team 2, filtered into the school with important supplies.

The Marines recently visited schools on the outskirts of Ubaydi to deliver notebooks, pencils and other school supplies to nearly 400 children to continue building relations with locals.

"This is for the Iraqi children and people in our [area of operations], so they can see us doing things other than operations with a military purpose," said Capt. T.J. Owens, commanding officer, India Co., 3/2. "When the kids see Americans doing good deeds like this, they grow up with that impression of Americans in their minds. The actions Marines take now have endearing implications for the future."

Marines presented the schoolmasters with new soccer balls for the schools before ensuring each child received an individual package of various school supplies.

The supplies were available because of an

overwhelming response from families, friends and church groups back home, said Owens.

Students lined up in their respective grade levels as they peered over shoulders to catch a glimpse of the Marines handing out supplies.

"It's not easy bringing events like this together considering things like planning, security, transportation, supplies and reconnaissance, but when you see the looks on the children's faces, all that doesn't matter anymore," Owens said. "There's a reward that comes with looking into the face of a child, I don't care what nationality that child is."

This is the first of many humanitarian efforts for India Co. The school-supply drive, though successful, only reached 10 percent of the schools in their area of operations.

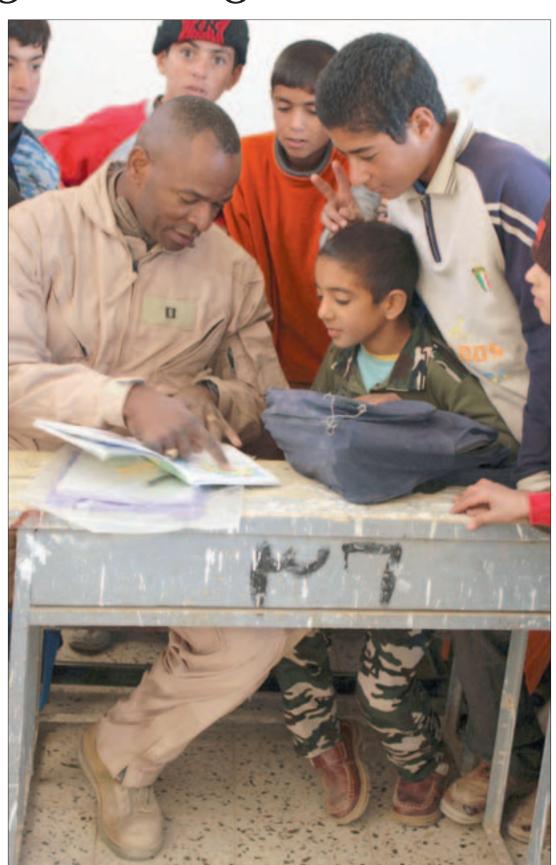
"Some people are still recovering from the early portions of the war and what the terrorists did," Owens said. "This can't just be putting a band-aid on. What we're doing is part of a campaign that Coalition Forces all over Iraq are taking part in."

The end results, starting from the generous donation of supplies, can be seen in the joy these students find in the simplicity of a pencil. The realization of what Coalition Forces are trying to achieve in the area is not only becoming apparent to Iraqi adults but to their children as well.

"We have to keep carrying the torch," Owens said. "It continues to burn harder and brighter."



First Sgt. Jeffrey Beegle, company first sergeant, Company I, Task Force 3rd Battalion, 2nd Marine Regiment, Regimental Combat Team 2, hands a package of school supplies to a student at a school on the outskirts of Ubaydi.



Captain T.J. Owens, commanding officer, India Co., TF 3/2, reads with a group of Iraqi student during a school-supply drive.